



An Important Message from ASCA

These professional development materials are to be viewed only with permission from ASCA.

These materials may not be made available publicly in any way.

Rebroadcasting is strictly prohibited.







A Word about ASCA Templates

ASCA Templates

- Always check ASCA website for the most current editions of the various ASCA templates
- Note which templates are required





Direct Services to Students

Student/Counselor Interactions

Instruction: Teaching school counseling curriculum to students focused on the selected student standards from the ASCA Mindsets & Behaviors.

Appraisal: Working with students to help them understand their abilities, values and career interests and to attain the ASCA Mindsets & Behaviors.

Advisement: Making recommendations based on appraisal of tests, inventories and other data to help students make decisions for their future.

Counseling: Professional assistance and support provided to a student or small group during times of transition, heightened stress, critical change or other situations impeding student success.

5



Indirect Services to Students Non-Students/Counselor Interactions

Consultation: The process of providing information, opinions and recommendations to individuals who can support a student's need or seeking information from an expert about student needs.

Collaboration: The process in which multiple individuals work toward a common goal and share responsibility for associated tasks in a variety of situations:

- · Teaming and partnering
- · School/district committees
- Parent workshops
- · Community partnerships
- · Crisis response

Referrals: This occurs when students' needs extend beyond the training and/or responsibilities of the school counseling role.



Defining, Managing, Assessing, Fair Share

Defining, Managing, Assessing Activities:

• all tasks associated with Define, Manage, and Assess components

Fair Share Responsibility Activities:

 duties that are assigned to everyone in the building that help with the safety and efficiency of the school

7



ASCA Definitions

Do's

- Learn these definitions
- Check with other SC to verify own interpretation
- Encourage district guide for coding

Don'ts

- · Confuse direct/indirect services
- Justify activities by stretching definitions
- Validate inappropriate tasks/duties with inaccurate coding





Balancing planning and flexibility.

Will upload two in portal.

Weekly Calendars

Day agungalar

- · Per counselor
- Detailed plan of counselor's activities for the week
- Serves as plan for program implementation, but flexible
- Includes (but not limited to):
 - · Classroom lessons
 - · Group & individual counseling
 - · Meetings with students
 - Indirect services
 - Program Defining, Managing, and Assessing Activities
- · Weaves together your when, how, and why
 - When and how is clear
 - · Why is revealed in our priorities and time spent



Weekly Example

- Note Detail
- Memory Jogger
- Documentation of Activities/Tasks
- Should be published (public version)
 - · Conveys scope & work of SC
- Maintain Confidentiality
 - · May have public & private versions

Time	Monday 9/29	Tuesday 9/30	Wednesday 10/1	Thursday 10/2	Friday 10/3			
7:30	7:30 -7:45 Program Planning (PS)	7:30 -7:45 Teacher consult- 1st boy (Con)	7:30 -7:45 Emails	7:30 -7:45 Emails	7:30 -7:45 Teacher consult- 1st boy (Con)			
:45								
8:00	7:45 – 8:15 Hall Duty (Fair Share Duty)							
:15	8:15 - 8:30 Program Planning (PS)							
:30	8:30 – 9:15 Caid and Johnston (5th) Core Curriculum: Rules for Fighting Fair,	8:30 – 8:45 K.S./ 1= boy/ emotional concern (RR)	8:30 – 9:00 Barrows (K) Core Curriculum: Howard Learns to	8:30 – 8:45 S.P./ 5th girl/ reporting misbehavior on bus (RR)	8:30 - 8:45 Emails			
:45	Part 2 (CC)	8:45 - 9:00 Program Planning (PS)	Listen (CC)	8:45 - 9:00 J.P. / 5th boy/ conflict with classmate. Teacher consult (RR) (Con)	8:45 – 9:00 Y.G./3 rd boy/ behavior issues and peer mediation (RR)			
9:00		9:00 – 9:15 Teacher consult- 5th boy (Con)	9:00 – 9:15 D.S./5th boy/motivation issues (RR)	9:00 – 9:30 5th boy/ physical attack on 1st grader Administrator consult.	9:00 – 10:30 Weekly Counselors Mtg. with Admin. Team (PS) (Con)			
:15	9:15 - 10:15 K.P./K boy/ behavior	9:15 - 9:45 SST meeting with staff	9:15 - 10:00 Small Group - 1*	(RR) (Con)				
:30	issue (RR)	and parent A.S./3rd id (Con)	Astros Friendship Group	9:30 - 10:00 R.M. /4 th boy/ school				
:45	()	9:45 - 10:45 SST meeting with staff	(RR)	anxiety issues (RR)				
10:00		and parent LS./1 st boy (Con)	10:00 – 10:15 Administrator consult- boy (Con)	10:00 -10:15 J.Z. /5 th boy/ family issues (RR)				
:15	10:15 – 10:30 Peer mediation: 5th boy and 5t girl (RR)		10:15 – 11:00 A.T. / 5th girl/ parents' divorce. Parent phone call. (Con) (RR)	10:15 – 10:30 B.M./3rd boy/emotional concerns (RR)				
:30	10:30 -10:45 Emails			10:30 – 10:45 D.O./3 rd boy/ family issues (RR)	10:30 – 10:45 D.O./4th boy/ family issues (RR)			
:45	10:45 – 11:30 Herman (5 th) Core Curriculum: Rules for Fighting Fair, Part 2	10:45 -11:00 Emails		10:45 – 11:30 Allen (5*) Core Curriculum: Rules for Fighting Fair, Part 2	10:45 -11:00 1st girl and 3st girl/ conflict resolution (RR)			
11:00	(CC)	11:00 – 12:00 SST meeting with staff and parent E.B./3rd girl (Con)	11:00 -11:15 Emails	(cc)	11:00 – 11:30 Lunch/Counseling partner consult. (PS)			
:15		J (ee.i.)	11:15 - 12:15	1				
:30	11:30 - 12:00		Lunch Bunch combined	11:30 - 1:00	11:30 - 2:30			
:45	Lunch/Counseling partner consult. (PS)		with Small Group – 3 rd Phoenix Friendship Group (RR)	2nd girl/ DFCS referral for physical abuse	1= girl/DFACS referral for physical abuse. Gwinnett County PD came to interview student (RR) (Con)			
12:00	12:00 – 12:15 A.T./ 5th girl/ parents' divorce (RR)	12:00 – 12:30 Lunch/ emails		(RR (Con)				
:15	12:15 - 1:00 G.R./1st boy/ behavior		12:15 – 1:00 Small Group – 1≠					
:30	issue	12:30 - 1:00	Panda Friendship					
:45	(RR)	SST meeting with staff and parent N.W./1 st boy (Con)	Group (RR)					



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY		
7:30	Make morning announcement/ check email	Make morning announcement/ check email	Make morning announcement/ check email	Make morning announcement/ check email	Make morning announcement/ check email		
8:00	Consultation with principal (homebound student concerns) 8–8:55 a.m.	Small Group Appraisal & Advisement Goal Work Grade 6 8–8:30 a.m.	Individual Appraisal & Advisement Grades 7th/F 8–8:30 a.m.	Individual Counseling Anxiety 7th/M 8:10–8:25 a.m.	Scholar's Club (College and Career Club Grades 6-8) 8–8:30 a.m.		
8:30		Teacher consultation, W. Perry (help with upcoming parent conference) 8:35–8:50 a.m.	Classroom Instruction Anger Management, Grades 7-8 (4 Classes)	Individual Counseling (guardian with illness – coping) 6th/F 8:30–8:45 a.m.	10 a.m Saavedra		
9:00		Consultation with	8:30-9:15 a.m. 7/Smith 9:20-10:05 a.m. 7/Jones	Consultation with student			
9:30	Phone conference, district SPED director, homebound services 9:30–9:55 a.m.	principal, parent, director of student support 9–10:50 a.m.	10:20–11:10 8/Wilson 11:15 a.m.–12 p.m. 8/Mathis	and parent about issues in a class, discuss class change 9:30–10 a.m.			
10:00	Classroom Instruction Grade 6 (Demonstrate advocacy skills and ability to assert self) 1 class 10–10:45 a.m.			Consultation with principal and assistant principal about sixth-grade student 10:05–10:25 a.m.	Individual Counseling (safety/disclosure) 8th/M 10–12:30 a.m.		
10:30	Individual Counseling Behavior 8th/M			Counseling			
11:00	11–11:30 a.m.	LUNCH		Small Groups (Academic Support)			
11:30	LUNCH	Planning/records		40 minutes/each			
12:00	Classroom Instruction Grade 6 Self-advocacy 1 class	Small-Group Counseling Resiliency 6th 12–12:30 p.m.	LUNCH	10:30–11:10 a.m. 11:10–11:50 a.m. 11:50 a.m.–12:30 p.m.			
12:30	12:10-12:50 p.m.	Individual Counseling	Individual Counseling	LUNCH	LUNCH		



Should contain sufficient detail to allow for

- Application to Use-of-Time Calculator
- Memory of specific events/activities identified
- Validate counselor completion of planned events

S A M E	Use-of-T	of-Time Calculator			DATE:				
	NSELOR CIATION	Direct Student Services		rices	Indirect Student Program Planning and School Services Support			Non-School- Counseling Tasks	
Time frame	Activity or Task	Instruction	Appraisal & Advisement	Counseling	Referrals/ Consultation/ Collaboration	Defining. Managing. Assessing Activities	Fair-Share Responsibility Activities	Non-School- Counseling Tasks	
7-7:15 a.m.									
7:16-7:30 a.m.									
7:31-7:45 a.m.									
7:46-8 a.m.									
8:01-8:15 a.m.									
8:16-8:30 a.m.									
8:31-8:45 a.m.									
8:46-9 a.m.									
9:01-9:15 a.m.					_				
9:16-9:30 a.m.									
9:31-9:45 a.m.		-							
9:46-10 a.m.									
10:01-10:15 a.m.									
10:16-10:30 a.m.		-							
10:31-10:45 a.m.									
10:46-11 a.m.									
11:01-11:15 a.m.		_							
11:16-11:30 a.m.		-							
11:31-11:45 a.m.		-							
11:45 a.mNoon		-							
12:01-12:15 p.m.									
12:16-12:30 p.m.									
12:31-12:45 p.m.		-			-				
12:46-1 p.m.		-							
1:01-1:15 p.m.		-							
1:16-1:30 p.m.									
1:31-1:45 p.m.									
1:46-2 p.m.									
2:01-2:15 p.m.									
2:16-2:30 p.m.		-			-				
2:31-2:45 p.m.		_							
2:46-3 p.m.		_							
3:01-3:15 p.m.									
3:16-3:30 p.m.									
3:31-3:45 p.m.									
3:46-4 p.m.									
TOTALS		0	0	0	0	0	0	0	
% per topic									09
%per category			0%			0	%		09

13



Weekly Calendars

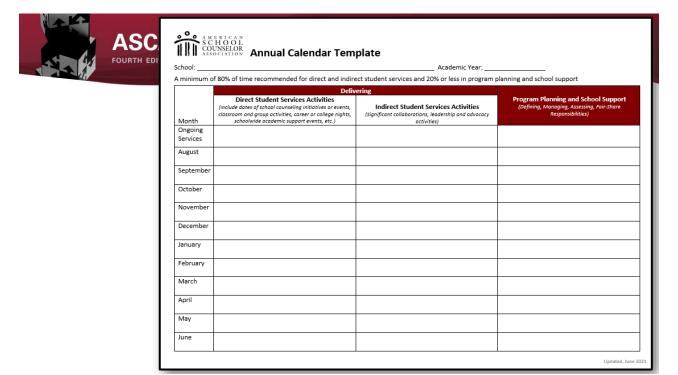
Do's

- Maintain a clear, complete calendar each week
- Adjust and modify calendar as needed, with clear reasons documented
- Publish so everyone knows where you are and what you are doing
- Maintain confidentiality

Don'ts

- Keep your calendar a secret
- · Publish confidential information
- Use vague terms/notations/jargon
- Preplan/preschedule every moment – need time and space for adjustments



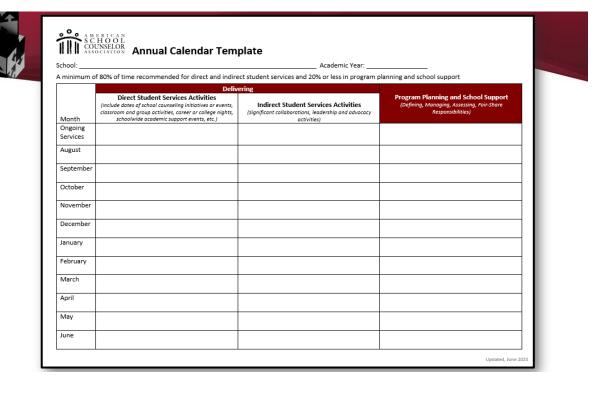


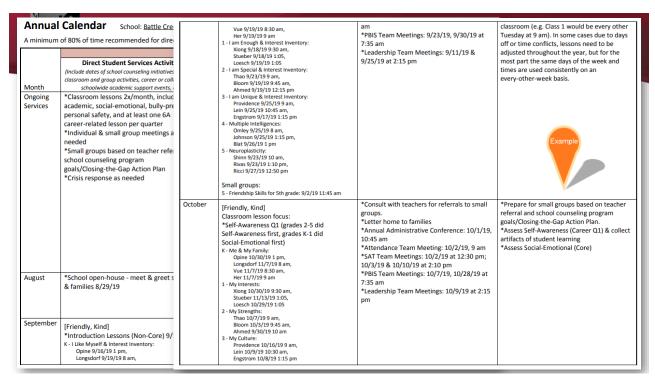


Annual Calendar

- Use the ASCA Template
- · Include all classroom and group activities
- Be sure all activities classified according to ASCA definitions
- Provide enough information that all stakeholders understand each listing
- · When appropriate, include the topics, dates, and times

17







Annual Calendar

- Details!
- Shows scope of program
- Identifies program priorities
- All program events
- Published & posted
- Crosswalk with Classroom and Small-Group M&B Action Plan and Closing-the-Gap Action Plan



Annual Calendar

Do's

- Begin each year with a planned annual calendar
- Provide specific, clear information (dates, topics, times for events)
- Adjust and modify calendar as needed
- Update & publish throughout the school year
- Maintain confidentiality

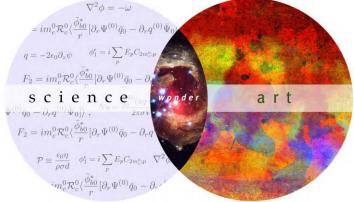
Don'ts

- Include items/tasks that are not part of your school counseling program
- Forget the intended audience (all stakeholders)
- Use vague language (jargon, acronyms, trendy terms, etc.)
- · Validate non-counseling duties/tasks

21



Just a thought...



Creating your weekly calendar is as much an art as it is a science.



Details, details, details

- Include
 - · all program events
 - everything from Class/SG M&B Action Plan
 - · everything on CTG AP
- · Provides dates and times when appropriate
- Include topics (so a non-counselor understands)
- · Explain all acronyms and 'titles'
- · Let a non-counselor check for clarity
- Know the definitions for direct, indirect, program planning
- · Protect confidentiality



See pages 68-71 of ASCA National Model

