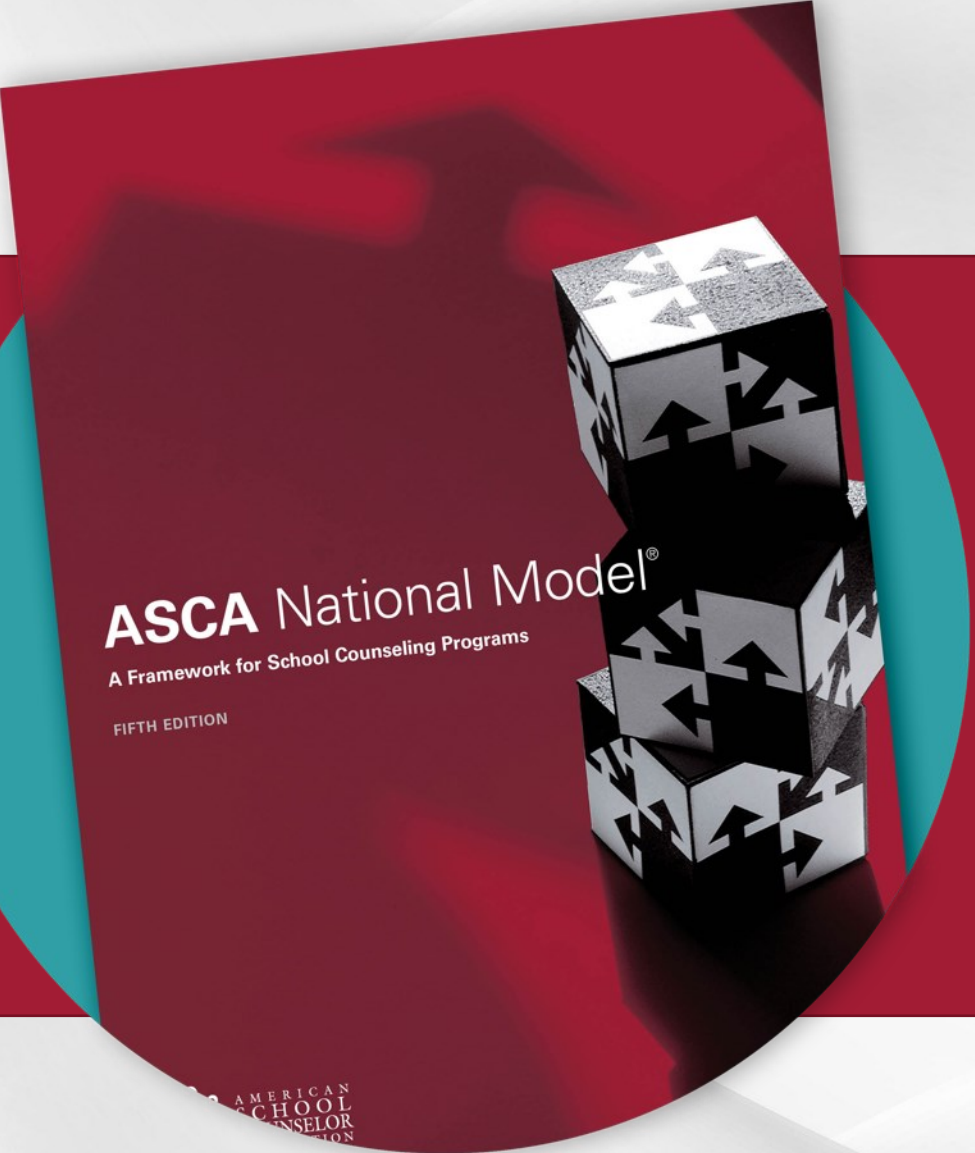


The image shows the front cover of the 'ASCA National Model' book. The cover is primarily red with a large, faint, stylized graphic of a person's head and shoulders in a darker red. In the center, there is a stack of four black cubes. Each cube has white arrows on its faces, pointing in various directions (up, down, left, right, and diagonally). The text 'ASCA National Model' is printed in a bold, white, sans-serif font. Below it, in a smaller white font, is 'A Framework for School Counseling Programs'. At the bottom left, in a small white font, is 'FIFTH EDITION'. The book is set against a background of a red circle on a white surface.

ASCA National Model®
A Framework for School Counseling Programs
FIFTH EDITION

Sustaining the Good Work



Who are we?

Len Egan, ASCA Certified Trainer, Director of Student Services, West Chicago Community High School, West Chicago, IL.
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Bing4982@gmail.com



Learning Objectives

1

Identify the purpose and components of sustaining the ASCA National Model over time

2

Commit to one actionable sustainability practice to implement in your school counseling program within the next year



WORD OF THE DAY

sustain

verb | suh-STAYN

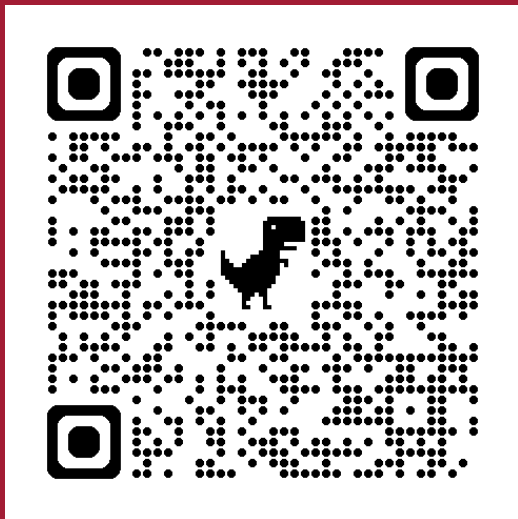
to provide what is needed to exist or continue



[m-w.com/word-of-the-day](https://www.m-w.com/word-of-the-day)



Impact of School Counseling



What is the impact of sustaining the ASCA National Model in a school counseling program over time?



Align with Research



Empirical Research Studies Supporting the Value of School Counseling

EMPIRICAL RESEARCH STUDIES SUPPORTING THE VALUE OF SCHOOL COUNSELING • 2

This document presents a number of recent journal articles that describe research examining the impact of school counselors and school counseling programs on K-12 student outcomes. The research articles support the value of school counseling for students in the domains of academic development, college and career readiness, and social/emotional development. All of the articles are data-based and drawn from national peer-reviewed journals and research reports.

Academic Development

Measuring the Impact of School Counselor Ratios on Student Outcomes

Parzych, J., Donohue, P., Gaesser, A., Chiu, M. (2019). Measuring the impact of school counselor ratios on student outcomes. ASCA Research Report. Retrieved from www.schoolcounselor.org/asca/media/asca/Publications/

Attending a Title I school also was associated with students' GPA, advanced placement/international baccalaureate credits earned and postsecondary course taking. The authors contextualized their findings within an ecological framework, positing that lower school counseling ratios must be considered while tending to multiple cross-system dimensions that also influence academic performance, such as Title I status. Given the many factors influencing student academic performance, school counselors must discuss lowering ratios while also addressing other variables related to student academic



ASCA National Model: What the Research Says



The research manuscripts below support the efficacy of the ASCA National Model and its positive effects on student outcomes.

ASCA National Model implementation predicting school counselors' job satisfaction with role stress mediating variables (Fye, et al. 2022)

ASCA National Model implementation predicts school counselor job satisfaction and better understanding of the school counselor role. Specifically, as ASCA National Model implementation scores increased, role ambiguity and incongruity decreased, and job satisfaction increased. The research points to the value of the Annual Administrative Conference ASCA template to allow administrators to provide support to school counselors to engage in the job in which they were trained.

Initial Validation of the ASCA-Informed Student Needs Assessment—High School Version (Boulden 2022)

The validation process for the ASCA-Informed Student Needs Assessment found that the instrument, which is aligned with the ASCA National Model and ASCA Student Standards, helps high school counselors deliver services that address students' academic, career and social/emotional development, including aggregating data to identify large-scale school needs.

School Counselors' Use of the ASCA Closing-the-Gap Action Plan Template to Address Educational Disparities (Gay 2021)

The ASCA Closing-the-Gap Action Plan template helps school counselors advocate for students and the use of a school counseling program to provide systemic change. Because the ASCA Closing-the-Gap Action Plan template may help reduce achievement gaps and promote equity in schools, it serves as a

School Counselor Preparation to Support Inclusivity, Equity and Access for Students of Color with Disabilities (Reese 2021)

School counselors can integrate the ASCA National Model framework themes to support inclusivity, equity and access for students of color with disabilities to the general education curriculum. School counselor education programs must be more intentional in providing graduate-level course work that introduces trainees to best practices in their work with students with disabilities.

Exploring the Career and College Readiness of High School Students serviced by RAMP and non-RAMP School Counseling Programs in North Carolina (Jones et al. 2019)

The ASCA National Model and the ASCA Student Standards provide frameworks for school counselors to provide the appropriate support to students for career and college readiness. This study found that students at RAMP high schools scored 92 points higher on average on the SAT (8.8% higher than non-RAMP schools) and were more likely to enroll in college (58% at RAMP high schools vs. 46% at non-RAMP high schools). Further, on the ACT WorkKeys assessment, RAMP schools had 11% more students designated as "career and college ready" than non-RAMP schools.

ASCA National Model Implementation and Appropriate School Counselor Ratios Promote More Informed College Decision-Making (Lapan et al. 2018)



ASCA National Model Research

- Graduation rates
- Math and reading scores on state tests
- Third grade reading proficiency
- ACT/SAT scores
- Students taking rigorous courses
- Attendance



ASCA National Model Research

- Suspension rates
- Discipline referrals
- Student reports bullied/teased



What are we sustaining?

School counselors
design, implement and assess a
school counseling program that improves
life-readiness and **academic success**
for **each and every** student.



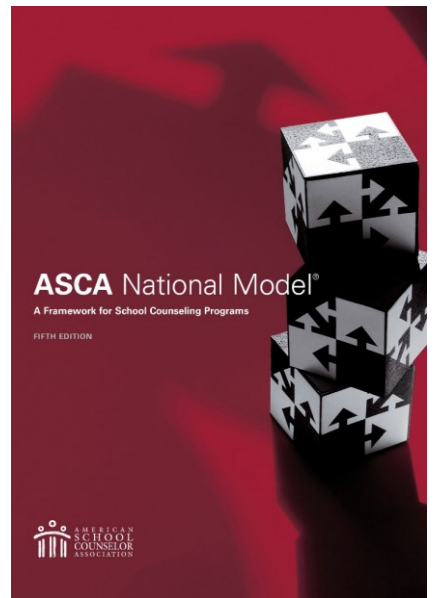
The School Counselor and School Counseling Programs
(Adopted 1988; revised 1993, 1997, 2005, 2012, 2017, 2023)

American School Counselor Association (ASCA) Position
School counselors design, implement and assess a school counseling program that improves life-readiness and academic success for each and every student. "The ASCA National Model: A Framework for School Counseling Programs" outlines the components of a school counseling program and brings school counselors together with one vision and one voice, creating unity and focus toward improving student achievement and supporting student development.



The ASCA National Model

brings school counselors together with
one vision and one voice,
creating **unity and focus** toward
improving **student achievement** and
supporting **student development.**

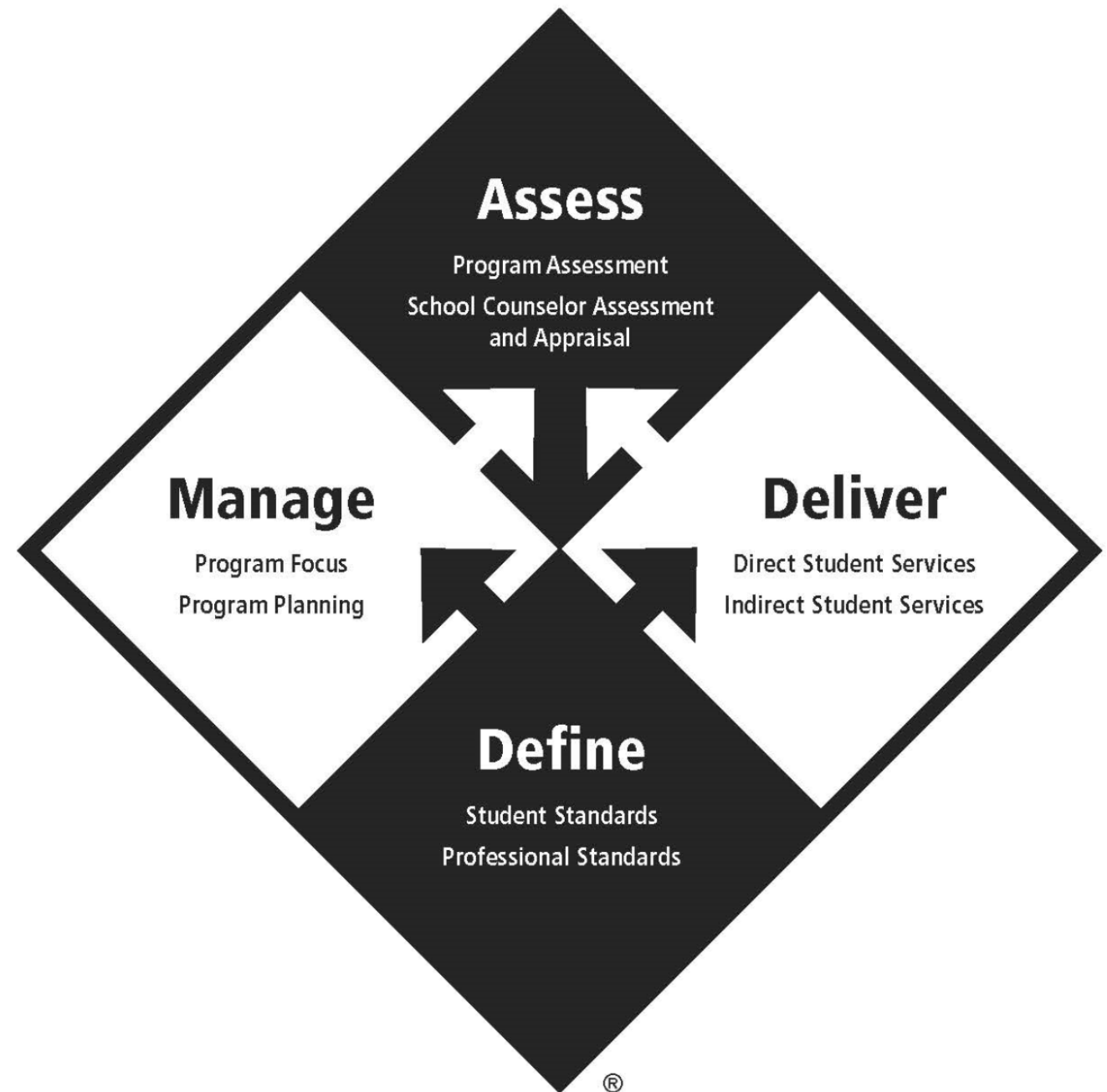


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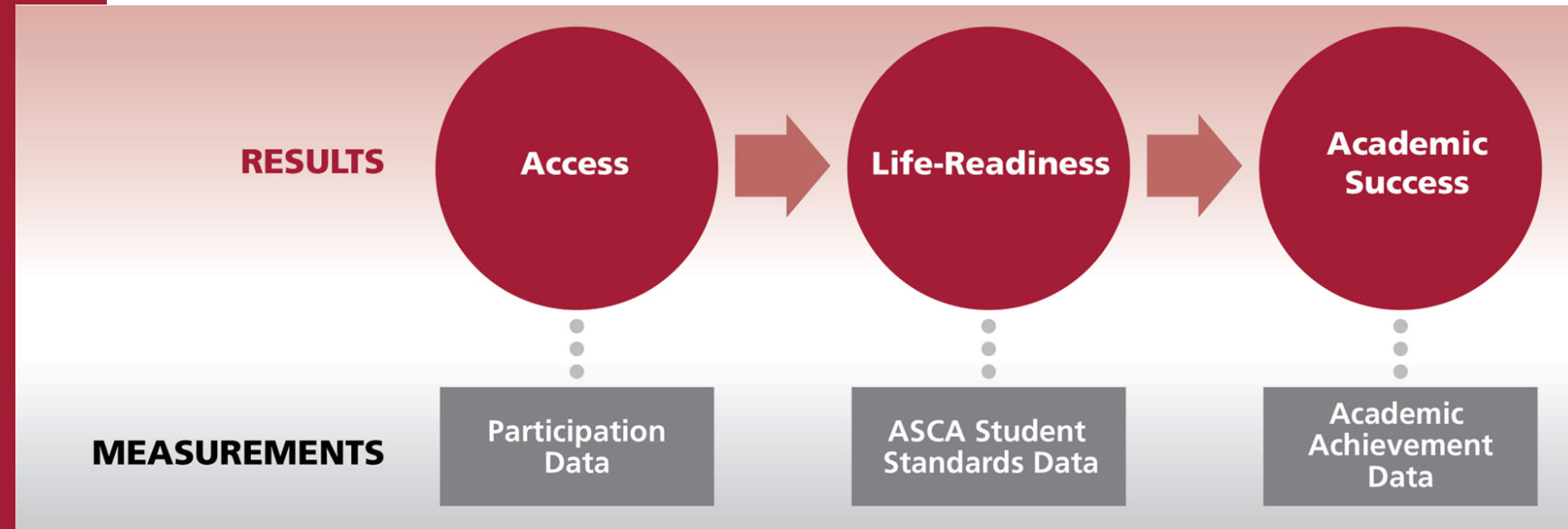
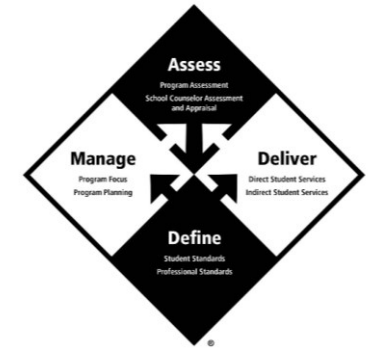
We have a
common way
of doing
the work we do
with students.



Sustaining
implementation

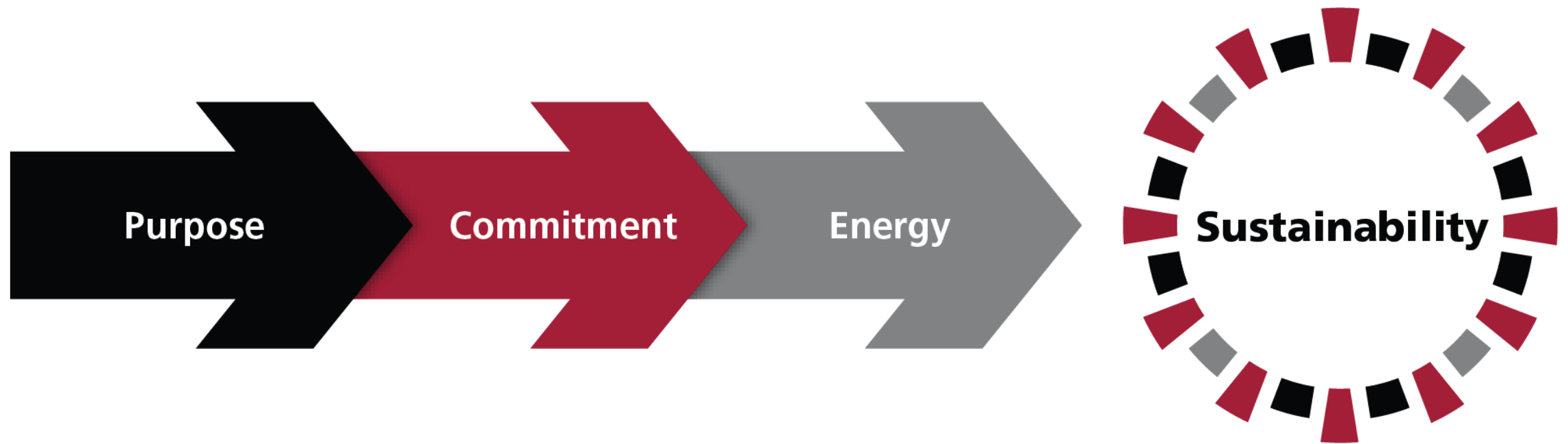
will
continually
produce
results.

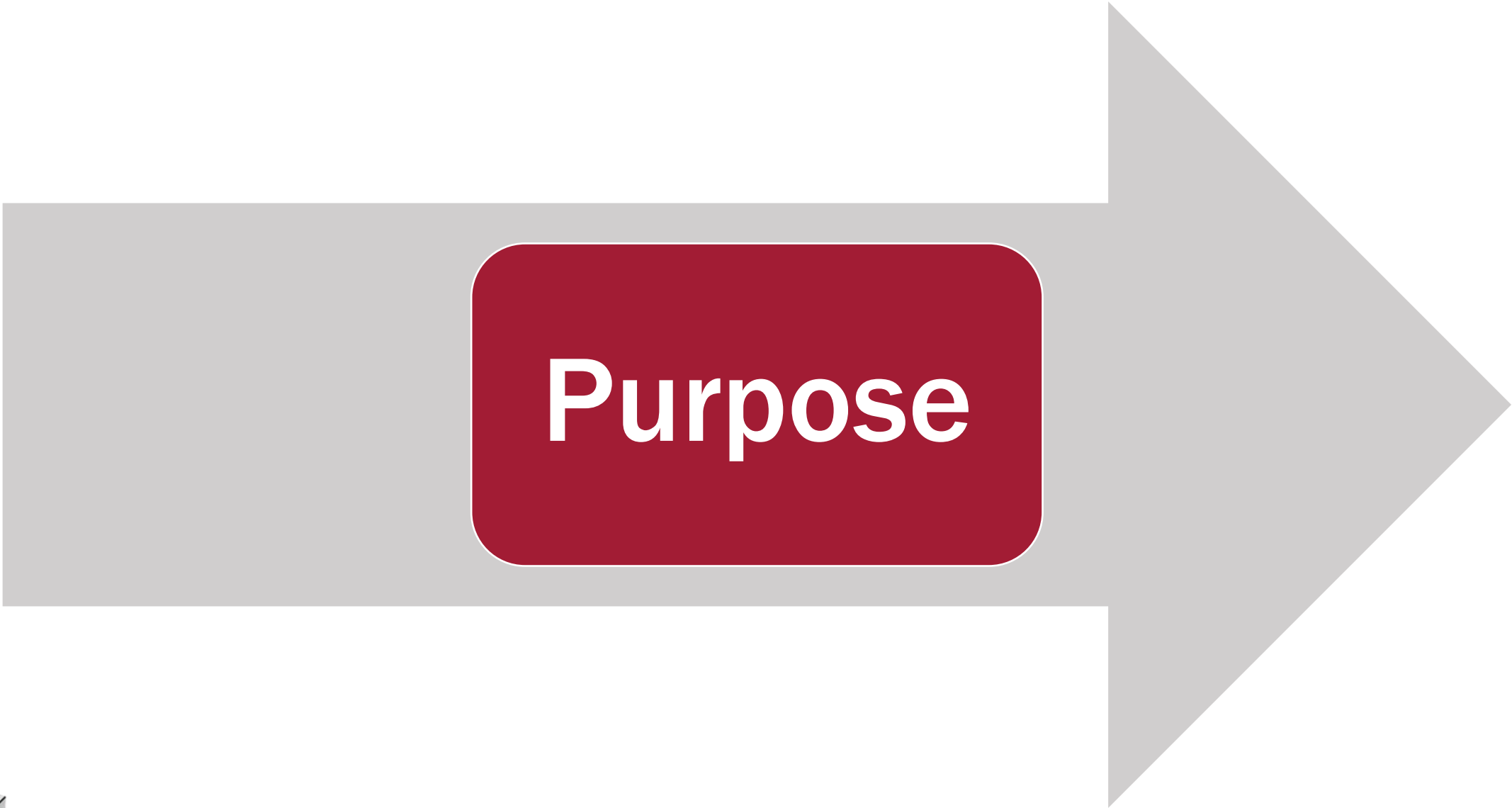
ASCA National Model®



What does
sustainability
require from
you?







Purpose



The Purposes of the Work

Plan how
each and every
student will learn
strategies and skills
for student success.

Identify and address
achievement gaps.

Plan and
monitor time.

Educate about and
advocate for the
school counseling
program.



Purpose

Commitment



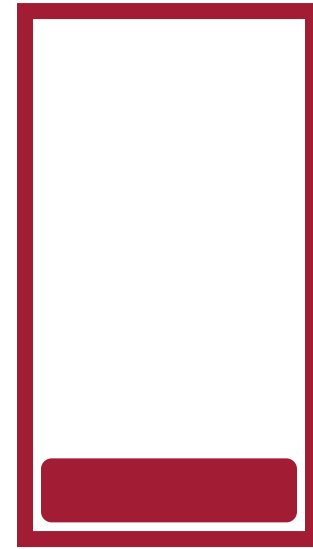
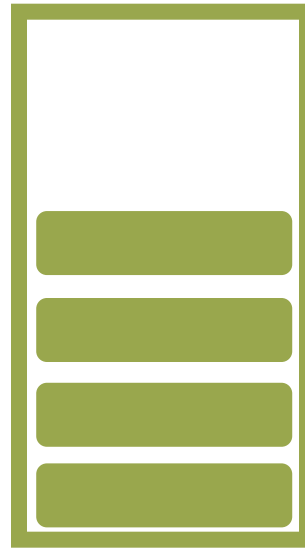
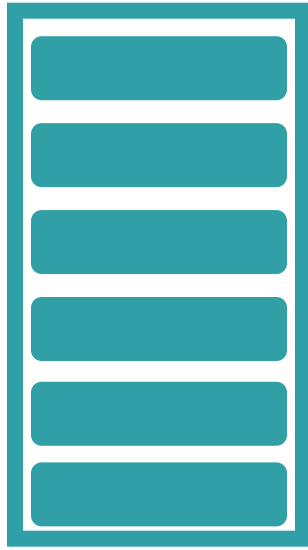
Purpose

Commitment

Energy



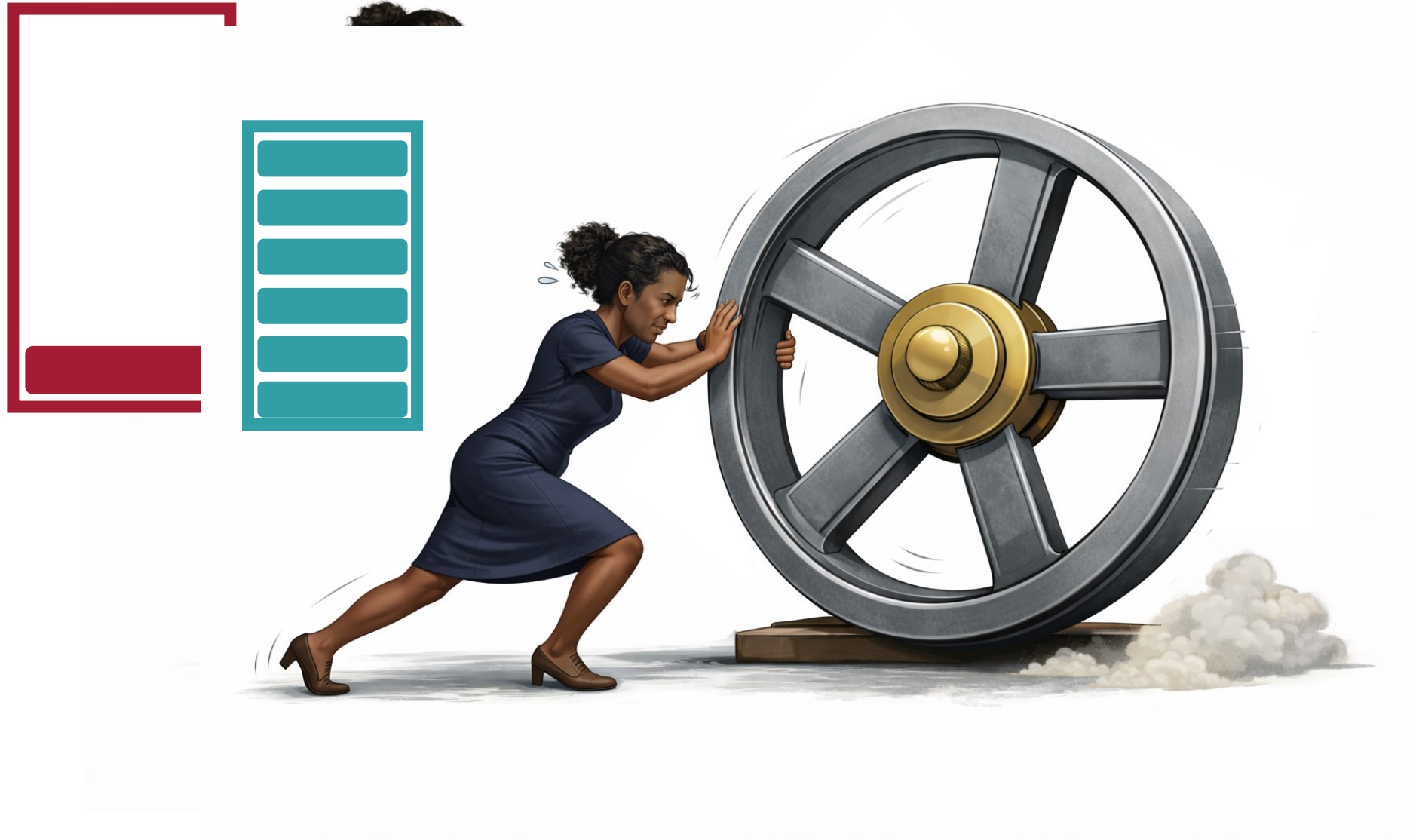
The thing about energy...



it fluctuates throughout the school year



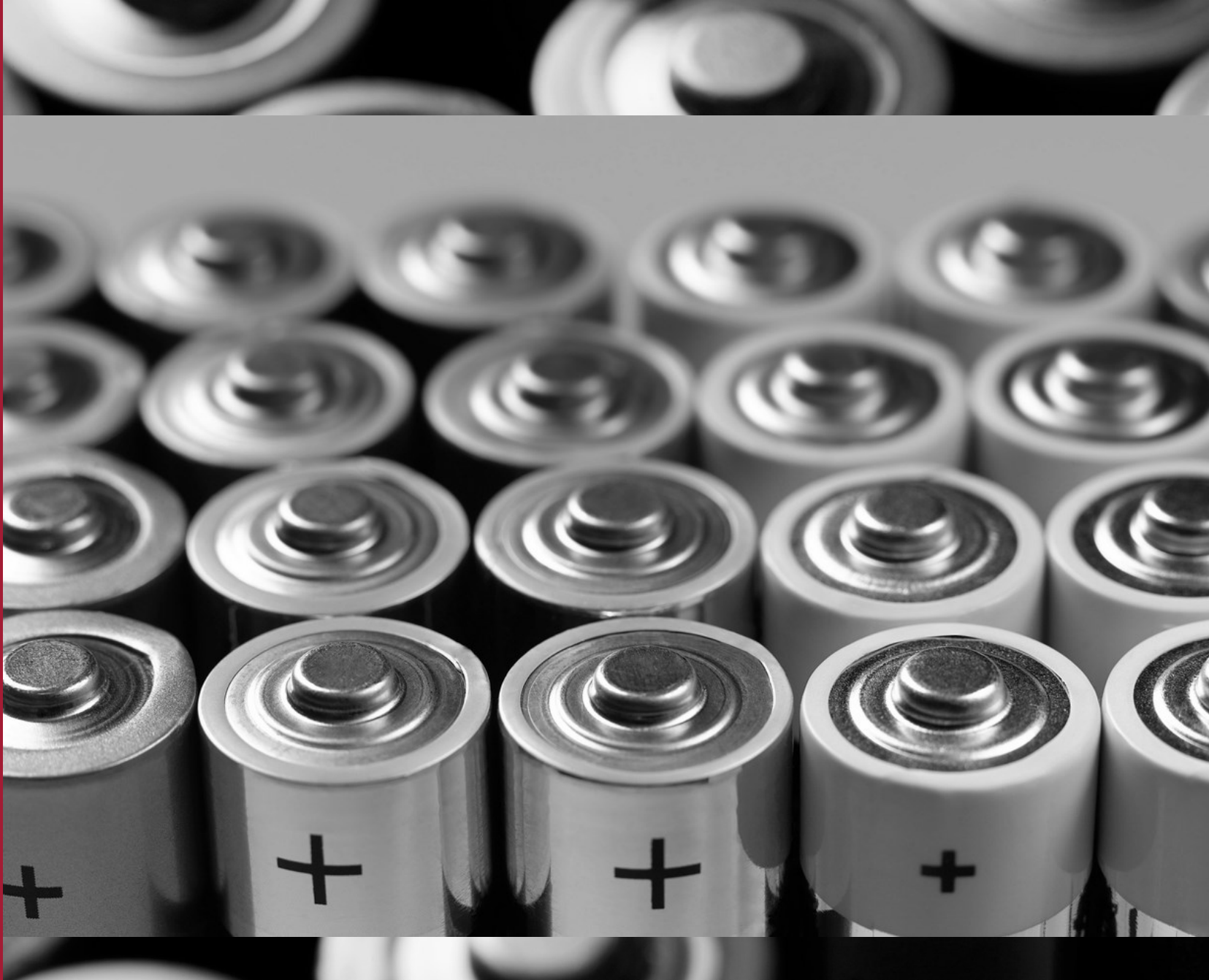
Creating and Maintaining Momentum for Sustainability



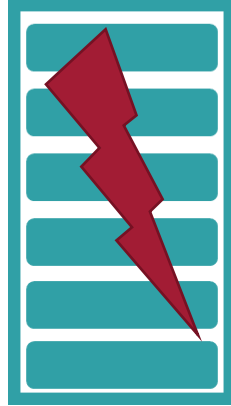
Sustainability

What are your strengths?

Where could you use an energy boost?



Energy Boosters



Learning New Things

Finding Supporting Resources

Confidence Through Validation

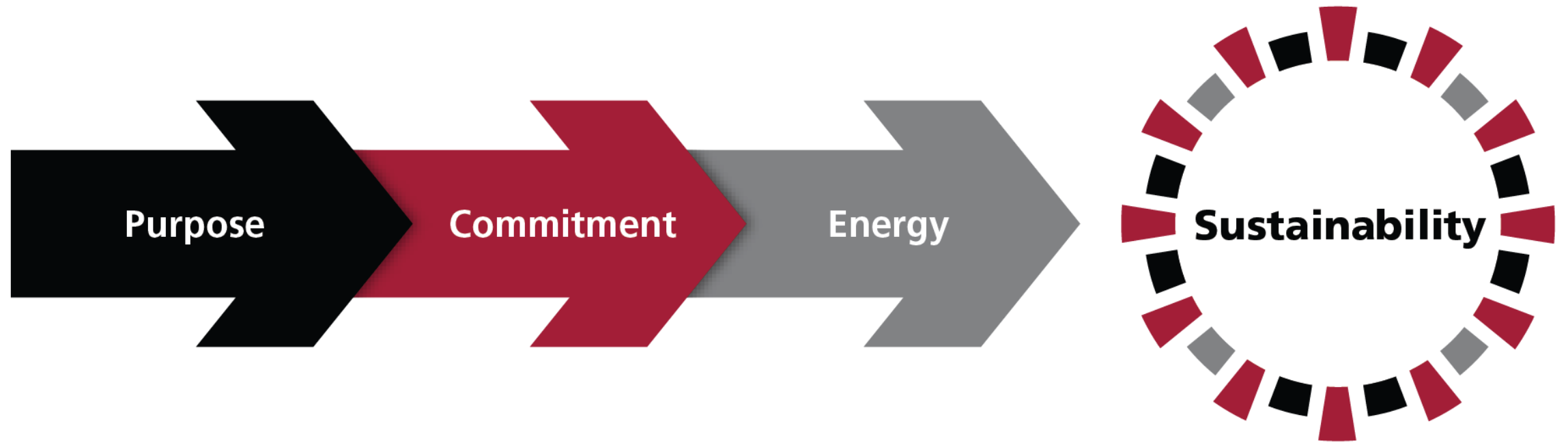


ASCA Resources for Sustainability

Impact of School Counseling	Professional Development	ASCA Toolkits & Frameworks	Recognition
1. Empirical Research on School Counseling 2. The ANM: What the Research Says	1. ASCA U 2. ASCA On Air 3. ASCA Conference 4. Online Conferences 5. School Counselor Magazine 6. Professional School Counseling Journal	1. Position Statements 2. Toolkits, Frameworks and Resources 3. Standards in Practice	1. ACSC - ASCA Certified School Counselor 2. RAMP - Recognized ASCA Model Program



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Purpose in Practice

Plan how
each and every student
will learn strategies
and skills for student
success.

Identify and address
achievement gaps.

Plan and
monitor time.

Educate about and
advocate for the school
counseling program.



Commit. Align. Sustain

What is one concrete action you will commit to that ensures the work continues with focus and fidelity?



Questions & Reflection



Learning Objectives

1

Identify the purpose and components of sustaining the ASCA National Model over time

2

Commit to one actionable sustainability practice to implement in your school counseling program within the next year

